































Reflecting on Rio: Looking forward to Tokyo

>> Making paralympic and disability sport part of YOUR FUTURE PLAN



Reflecting on Rio: Looking forward to Tokyo



>> Making paralympic and disability sport part of YOUR FUTURE PLAN

9:00-9:30	WELCOME AND KEYNOTE 9:30-10:15	SESSION 1 10:15-11:15
	WHAT PARALYMPIC SPORT/ DISABILITY SPORT MEANS TO ME PANEL DEBATE: Charlie Hetherington	TALES FROM THE FIELD: SPORT PSYCHOLOGY SUPPORT AT THE ELITE LEVEL Dr Abbe Brady
	GB Rugby Squad Paul Arnold GBWR	Sport Psychologist to elite level athletes LECTURE THEATRE
	Hope Fawsett GB Deaf Womens Football Jack Rutter Captain, GB CP Football Team LECTURE THEATRE	MAKING DREAMS A REALITY: TOP TIPS FOR FUND RAISING Have you got a great idea but don't know how to make it happen? Advice and guidance on how to get cash to support your projects.
		Rowland Clarke Head of Health and Inclusion at Active Glos TC218 A&B
REGISTRATION LINK CORRIDOR		THE POWER OF WORDS What we say really counts and makes all the difference between someone coming back to our sessions or not. An interactive session.
REGIS		Ben Moreland Lecturer, University of Gloucestershire TC118
	Come along and try a range of Paralympic/ disability sports. Play the game, talk to players and coaches and find out what YOU could do to support the development of each sport. SPORTS HALL SPORTS STUDIO	TOKYO DREAMS VOLUNTEERING AND WORKING IN DISABILITY SPORT Find out how volunteering in disability sport could change Your Future Plan. Nicole Talbot Gloucester Rugby's inclusion project TC119
		WHEELCHAIR RUGBY TASTER Alan Beard Head of Wheelchair Rugby, Inclusion Project SPORTS HALL

11:15-11:30	SESSION 2 11:30-12:30	12:30-1:15	SESSION 3 1:15-2:15
11:15-11:30	SPORT THERAPY SUPPORT FOR ELITE LEVEL ATHLETES; STORIES FROM RIO The paralympics experience and tips on how YOU can support	LUNCH REFECTORY/CHEKKI CAFE	DISABILITY SPORT: ENRICHING LIVES With paticular interest in Hand cycling, Dr Paul Smith shares his experiences of working with
	disabled athletes in their quest for gold. Ashley Griffiths Graduate, University of Gloucestershire LECTURE*THEATRE		various grassroots to elite level projects. Dr Paul Smith Exercise Physiologist, Cardiff Met TC218 A&B
	THE POWER OF WORDS What we say really counts and makes all the difference between someone coming back to our sessions or not. Ab interactive session. Ben Moreland Lectiver, University of Gloucestershire TC218ABB		WHAT'S 'SPECIAL' ABOUT THE SPECIAL OLYMPICS? Are you looking to volunteer in disability sport? Come along and find out how YOU could be just what the Special Olympics are looking for. Jenny Rutter Special Olympics UK TC218 ABB
COFFEE BREAK LINK CORRIDOR	FIND OUT ABOUT PARASNOW SPORTS: DEVELOPMENT AND PATHWAY OPPORTUNITIES How developing disability snow sport in the UK, from grassroots to elite level. Euan Bennet Disability Snow Sport TC118		SUPPORTING ATHLETES WITH LEARNING DISABILITIES TO EXCEL AT SPORT Exploring the inequalities at the Paralympic's for athlete's with a learning disability. Martin Lees National Sports Manager, MENCAP TC218 A&B
	PUTTING YOUR DÉGREE TO WORK IN THE REAL WORLD HOW MIK DONS include; disabled individuals in aport and physical activity. Natalie Church Graduate, University of Gloucestershire, Disability Sport Coach, MK Dons Football club TC119	_	ACTIVE FOR LIFE; KEY FINDINGS FROM THE ACTIVE LIVES PROJECT ideas of how to support disabled individuals to be and stay active. Francis Leng EFDS TC218 A&B
	POWER CHAIR FOOTBALL Jenny Rutter Gloucestershire Special Olympics SPORTS HALL		WHEELCHAIR RUGBY TASTER Alan Beard Head of Wheelchair Rugby Inclusion Project SPORTS HALL
	GOALBALL TASTER Ellie Lewis Graduate Advocate, University of Gloucestershire SPORTS STUDIO		WALKING RUGBY Nicole Talbot Gloucester Rugby SPORTS STUDIO

Sainsbury's

Active Kids

For All



Inclusive PE
Training Programme



