

**WE ARE  
#CARDIFFMET**

**BSc (HONS) PSYCHOLOGY**

**CARDIFF SCHOOL OF  
SPORT AND HEALTH SCIENCES**

**Induction & Enrolment Information**

**Academic Year 2019/2020**



**Cardiff  
Metropolitan  
University**

**Prifysgol  
Metropolitan  
Caerdydd**

## **CONTENTS**

- 1. Welcome from your Teaching Team**
- 2. Pre-Induction Task**
- 3. Enrolment / Student MetCard Collection**
- 4. Induction Week Timetable**
- 5. Draft Timetable / Typical Attendance**
- 6. Useful links**

## 1. Welcome from your Teaching Team

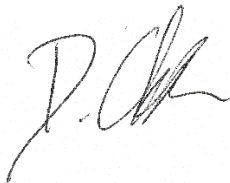
### Welcome to the Department of Applied Psychology

A very warm welcome to the BSc (Hons) Psychology degree

You will be joining a community of 400 students studying on a range of degree programmes, from foundation level through to postgraduate and doctoral programmes. There are 25 members of academic staff in the department whose teaching and research will enrich your experience of psychology here.

You will have the opportunity to develop your understanding and application of psychology in lectures, seminars and workshops and through more informal chats in psychology club and with tutors. We provide an environment in which your academic, professional and social skills thrive. Cardiff, as the capital city of Wales with a large student population, is well placed to meet all your needs and enable you to develop lifelong friendships.

Finally, on behalf of the psychology team I look forward to welcoming you in person during induction week in September. I encourage you to play a full role in the School and take every opportunity afforded you. I am certain you will find your time at this University highly rewarding and the start of a lifelong relationship with us.



Dr Debbie Clayton, PhD, BSc (Hons), MBPsS, FHEA

## 2. Pre-Induction Tasks

What we think is most important as you start your studies with us, is that you come in prepared to embrace all the opportunities that will be there for you as an undergraduate. We know that starting at University can be a busy time, and so more than anything, we hope you have had a good summer before you start. However, we understand and would encourage reading around psychology and would recommend the following as a good introductory text-book.

Nolen-Hoeksema, S.N., Fredrickson, B.L., Loftus, G.R. & Lutz, C. (2014) *Atkinson & Hilgards's Introduction to Psychology* (16<sup>th</sup> Edition). Hampshire: Cengage Learning.

<https://www.cengage.co.uk/books/9781408089026/>

### Plus:

Coolican, H. (2018) *Research Methods and Statistics in Psychology*. Seventh Edition. London: Hodder and Stoughton.

Having a look through these will give you an idea of what to expect in terms of topics and content of the degree! The Introductory text is a helpful as a way of getting an overview of the discipline and is a good starting point for many subjects, and the Coolican text will help you to think about how psychologists conduct research in order to explain our interactions with the world and with one another. You will receive more specific recommendations when meeting module staff at the beginning of term.

### Sport Kit Order

Once you have enrolled online, you will be sent information about ordering a free Cardiff School of Sport and Health Sciences kit package. Please place your order online prior to arrival should you want to. You will be able to collect your kit on campus during your Induction Week.

### 3. Enrolment / Student MetCard Collection

Enrolment is an important process which confirms your status as a Student. You can complete the online self enrolment process from any computer through our Self Service system. Please note that in order to self enrol; your status must be Unconditional Firm (UF)

You will receive an email notifying you when you are eligible to enrol online. The email will direct you to a password reset facility in order to request a password to be able to login and complete the enrolment process. For information and guidance on this process please make sure you visit our enrolment page – [www.cardiffmet.ac.uk/enrolment](http://www.cardiffmet.ac.uk/enrolment).

This process is essential in that it will allow you access to your student loan (if applied for), payment of fees, Cardiff Met's IT systems and importantly enable you to obtain your Student MetCard. A scheduled time for collection of your Metcard is stated within your Induction Week timetable.

You will be able to access your Programme Handbook via Moodle once you have completed your online enrolment and have access to the Cardiff Met's IT systems. More information will be available once you have completed your enrolment.

#### Enrolment for International Students from outside the EU

If you are an international student (from outside the EU) you **will not** be required to enrol online before arriving at Cardiff Met. This is because it is a legal requirement for the university to check immigration documents of international students before they are permitted to enrol onto their courses. For more information about international student enrolment and a list of documents you will need to bring with you, please access the [international student pages](#) or contact the Immigration Compliance Team at [immigrationregs@cardiffmet.ac.uk](mailto:immigrationregs@cardiffmet.ac.uk) Tel: 029 2041 5644.

#### Library & Information Services

You will have access to Cardiff Met's Library & Information Services soon after completing your online enrolment. A confirmation email will be sent to you with your Cardiff Met login details. To see the facilities and services available, please refer to [www.cardiffmet.ac.uk/library](http://www.cardiffmet.ac.uk/library).

#### Your Student MetCard

Cardiff Met have introduced a photo upload facility for online enrolment, which can then be used on your Student MetCard. This facility is optional. Alternatively, your photo will be taken at the time you collect your Student MetCard. If you have chosen to use the photo upload facility, you will need to bring photo ID with you when collecting your Student MetCard.

#### Fees

If you are classed as a 'Home' or EU student, your course fees for September 2019 entry have been set at £9,000 and more information about fees can be found [here](#). If your course has any additional costs attached to it, they will be listed on [www.cardiffmet.ac.uk/additionalcosts](http://www.cardiffmet.ac.uk/additionalcosts). You should already be aware of these costs.

Details about fees for international students (from outside the EU) can be found [here](#).

#### 4. Induction Week Timetable

Your first semester as a new student starts with Induction Week, where you will settle into your accommodation, course and student life. Your Induction Week timetable is a schedule of events designed to familiarise you with Cardiff Met, its facilities and your fellow students. You will be given the chance to attend a range of events covering your course, library services, IT, student services and students union. You will also meet, and have a number of sessions, with your personal tutor to make your academic transition as smooth as possible.

There is the Freshers Fayre where you can sign up to a number of different societies and clubs, and the MetFest social event on Friday afternoon.

**Don't forget to get involved on Twitter with we are #cardiffmet.**

If you are new to Cardiff, there will also be plenty of opportunities for you explore the city, make new friends and settle into your new life.

Induction is a big occasion on campus and everyone gets involved. Don't be afraid to stop and ask - all of the staff and students are happy to welcome anyone new on campus.

Your events and confirmed timetable are currently being finalised and will be uploaded as a separate document on our [New Students](#) pages for you.

## 5. Programme Structure / Attendance

During the first year of the degree (Level 4) you will study five compulsory modules. These modules will provide you with a broad understanding of psychology and help you develop specific psychology skills in preparation for the second year of your studies.

Level 4 modules and assessments:

| Module  | Assessment (number of assessments x word count)   | Exam                 |
|---|---|----------------------|
| Conducting and Communicating Research in Psychology | SPSS Class Test (1 hour)<br>2 x Research Reports (1500 words each)<br>Participation in research studies (6 hours) |                      |
| Conceptual and Historical Issues in Psychology      | Essay (1 x 3000 words)  |                      |
| Fundamentals of Cognition                           | Lab Practical (2 hours)   | Essay Exam (2 hours) |
| Social and Developmental Psychology                 | Case Study (1500 words)<br>Class test online MCQ (2 hours)  |                      |
| Biological Psychology and Cognitive Neuroscience    | Class test online MCQ (2 hours)   | Essay Exam (2 hours) |

All modules are supported with lectures and seminars or workshops. **You are expected to attend all teaching sessions.**

## 6. Useful Links

Further enquiries to:

Dr Debbie Clayton - [dclayton@cardiffmet.ac.uk](mailto:dclayton@cardiffmet.ac.uk)

The School Administration Office – [CSSHSllandaff@cardiffmet.ac.uk](mailto:CSSHSllandaff@cardiffmet.ac.uk)

Psychology webpages and social media:

Main website: <http://www.cardiffmet.ac.uk/health/Pages/Psychology.aspx>

Facebook Page: <https://www.facebook.com/PsychologyAtCardiffMet>

Twitter Feed: <https://twitter.com/PsychCardiffMet>

Blog: <http://psychcardiffmet.wordpress.com/>

### [Timetable](#)

This link will give you access to your confirmed timetable. You need to have enrolled before you can access this link, and you will be contacted when the information is available

### [Additional Course Costs](#)

Additional costs are the mandatory or optional expenses, additional to tuition fees that need to be paid for by students to fully participate and complete their studies. This covers such things as equipment, trips, placements and DBS checks. Each programme has different additional costs.

### [Accommodation](#)

Students are able to move into Halls from Friday 14<sup>th</sup> September but internet access will only be available for those who have completed the enrolment process successfully. There will be events held throughout Induction, information of will be sent to you by Accommodation when confirmed.

### [Student Services](#)

For help during your time with us in relation to your health, welfare, lifestyle and future career. The aim is to provide you with all the support you need to ensure your studies are as enjoyable and successful as possible. Services also include counselling, disability and chaplaincy.

### [Student Finance](#)

For information on Tuition Fee Loans and Maintenance Loans, non-repayable grants, bursaries and scholarships that may be available.

### [Cardiff Met Sport & Facilities](#)

[Cardiff Met SU](#) *including Freshers information & wristbands*



## [Term Dates](#)

### [Campus Maps, Bike Shelters & Met Rider](#)

Cardiff Met offers its own bus service called the Met Rider, you will be sent an application with your Induction & Enrolment Information. We also have Bicycle Storage shelters on each campus, with changing and showers available. The shelters are secured and are only accessed using your MetCard when you have requested permissions via the i-zone.

### [Safe Taxi Scheme](#)

Cardiff Met operates a Safe Taxi scheme through Dragon Taxis which ensures you always have a way to get home.

### [Virtual Tours](#)

Have another look around our campus and facilities with our guided virtual tours

### [Student Handbook](#)

### [Academic Handbook](#)

### [Admissions Policy](#)

# WELCOME 2019

## induction week timetable

**COURSE TITLE:** Psychology  
**CAMPUS:** Llandaff

| MONDAY 16 <sup>th</sup> SEPTEMBER<br>Dydd Llun 16 Medi   | TUESDAY 17 <sup>th</sup> SEPTEMBER<br>Dydd Mawrth 17 Medi  | WEDNESDAY 18 <sup>th</sup> SEPTEMBER<br>Dydd Mercher 18 Medi   | THURSDAY 19 <sup>th</sup> SEPTEMBER<br>Dydd Iau 19 Medi  | FRIDAY 20 <sup>th</sup> SEPTEMBER<br>Dydd Gwener 20 Medi  |
|--|--|--|--|---|
| <p><b>10:30-11:00</b><br/>Arrival</p> <p><b>11:00-12:00</b><br/>Programme Welcome<br/>A031</p> <p><b>12:00-13:00</b><br/>Lunch in Zen with Tutors</p> <p><b>13:00 - 14:00</b><br/>Group Tutorial Session<br/>(Learn about the programme and meet your personal tutor)<br/>Group ABC: O208<br/>Group DEF: C101<br/>Group GHI: O018</p> <p><b>14:45 – 15:30</b><br/>METCARD COLLECTION<br/>Learning Centre</p> <p><b>Evening</b><br/>SU Activities</p> | <p><b>10:30-11:00</b><br/>Arrival</p> <p><b>11:00-12:30</b><br/>Teambuilding activities<br/>Groups ABC: O108<br/>Groups DEF: O213<br/>Groups GHI: T008</p> <p><b>12:30-12:50</b><br/>Lunch Break</p> <p><b>12:50-13:10</b><br/>Sports Kit Collection in (C021)</p> <p><b>13:00 – 14:00</b><br/>Q&amp;A led by level 5 &amp; 6 Students in D3.01</p> <p><b>14:00-16:00</b><br/>Online Induction (D209) and Treasure hunt (D301)<br/><b>14:00-15:00</b> A-E Treasure Hunt / F-I Online Induction<br/><b>15:00-16:00</b> F-I Treasure Hunt / A-E Online Induction</p> <p><b>Evening</b><br/>SU Activities</p> | <p><b>10:00 – 16:00</b><br/><b>Freshers Fayre</b><br/><br/>Cyncoed Campus<br/>National Indoor Athletics Centre (NIAC)<br/><br/><i>Your Student MetCard can be picked up throughout the day from the Enrolment Team based in the fayre.</i></p> <p><b>Evening</b><br/>SU Activities</p> | <p><b>10:00-12:00</b><br/>Online resources and drop in queries with Level 4 Teaching Team D209</p> <p><b>10:00 – 13:00</b><br/>Wellbeing walks (sign up during Monday lunch break)</p> <p><b>10:00 –13:00</b><br/>Individual Tutor Meetings</p> <p><b>13:00 – 17:00</b><br/>Bus Tour</p> <p><b>Evening</b><br/>SU Activities</p> | <p><b>10:00-14:00</b><br/>Individual Tutor Meetings</p> <p><b>10:00 – 11:00</b><br/>Psych Lab Tour &amp; Demo (Groups A-E)<br/>D3.01</p> <p><b>11:00 – 12:00</b><br/>Psych Lab Tour &amp; Demo (Groups F-I)<br/>D3.01</p> <p><b>Coming up Next Week...</b><br/><br/>Tues 24th Sept 6.00-8.00pm<br/>Psychology Department Pizza Night - In Zen</p> |

Course specific events

Social Events