

**MSc Applied Public Health**

**CARDIFF SCHOOL OF  
SPORT AND HEALTH SCIENCES**

**Induction & Enrolment Information**

**Academic Year 2019/2020**



**Cardiff  
Metropolitan  
University**

**Prifysgol  
Metropolitan  
Caerdydd**

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## 1. Welcome from your Teaching Team

Welcome to the MSc in Applied Public Health.

This programme will help you to develop yourself as a reflective public health practitioner, able to apply the key principles of multidisciplinary public health practice to the breadth of issues that form the scope of 21<sup>st</sup> Century public health, with specific reference and application to your own practice. We intend to challenge your preconceptions and practice, as well as developing your knowledge, skills and competencies.

The programme and the teaching team aim to provide a positive and constructive atmosphere, which will facilitate the exchange of knowledge and experience between the teaching staff, yourself and your peers.

We operate an open door policy and will endeavour to ensure that any questions or issues you may encounter in regards to your studies and learning experience are dealt with in an appropriate and timely manner. We also welcome any feedback you may have throughout the programme and actively encourage you to take an interest in the development of the programme and subsequently your own learning experience.

With this in mind the teaching team and I would like to once again welcome you to the programme and hope that you enjoy studying with us.

If you have any questions or concerns prior to the start of term, please don't hesitate to contact me using the details below.

Kind regards

A handwritten signature in black ink, appearing to be 'Alastair Tomlinson', with a long horizontal line extending to the right.

Alastair Tomlinson

Programme Director, MSc Applied Public Health

## 2. Pre- Induction Tasks / Preliminary Reading Lists

Whilst we do not prescribe any formal preliminary reading or tasks, we understand students may want to undertake some prior study to familiarise themselves with certain key topics. To that end, we recommend the following resources:

Guest, C. et al. (eds) (2013) *Oxford Handbook of Public Health Practice*. 3rd ed. Oxford: Oxford University Press. This book takes a problem-based approach, focussing on practical advice – many public health practitioners will have a copy of this by their desk or in their bag! (When you have enrolled, this will also be available to you as an e-book via the Cardiff Met library).

Rosling, H., Rosling, O. and Rönnlund, A. R. (2018) *Factfulness: ten reasons we're wrong about the world and why things are better than you think*. London: Sceptre.

The US Centers for Disease Control and Prevention have an Introduction to Public Health e-learning course, which is freely available at <https://www.cdc.gov/publichealth101/e-learning/public-health/>. Although some of the examples and context may be specific to the United States of America, the principles of public health practice are the same across the world.

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### 3. Enrolment/ ID Card Collection

Enrolment is an essential process that confirms your status as a Cardiff Met student and also gives you access to Cardiff Met IT systems, payment of fees, and, importantly, enables you to obtain your Student MetCard.

You can complete the online Self-Enrolment process from any computer through the Cardiff Met Self Service system once you have received your **Enrolment Email**.

On receipt of your Enrolment Email, please begin your Self-Enrolment by going to the [www.cardiffmet.ac.uk/enrolment](http://www.cardiffmet.ac.uk/enrolment) webpage and following the step-by-step guidance provided. Access to the Enrolment section of the Cardiff Met Self Service system will require you to login with a username and password. **Please input the same username and password you originally used to apply with.** Guidance is provided for forgotten usernames/passwords. Please note that in order to Self-Enrol, your status with Cardiff Met must be **Unconditional Firm (UF)** i.e. all conditions met and place accepted.

You will be able to obtain your University Identification Card during the Induction programme.

#### 4. Induction Timetable

Below is a schedule of your first week with us. As well as following this, you can also find more information on what to expect when you arrive on our New Students pages ([www.cardiffmet.ac.uk/newstudents](http://www.cardiffmet.ac.uk/newstudents)).

**Induction will take place on Tuesday 17<sup>th</sup> September, Llandaff Campus (Room TBC)**

- 2:00pm to 3:30pm – Programme Introduction
- 3:30pm to 4pm – ID card collection followed by Break
- 4:30pm to 5:30pm – Campus tour and library induction
- 5:30pm to 7:00pm – Team welcome event

***Please note:*** The above timetable is for information only and may be subject to minor amendments within the 2pm to 7pm timeframe

## 5. Introduction to Academic Skills Session

### Week beginning Monday 23<sup>rd</sup> September

In addition to the programme induction, we invite you to complete a week of academic skills sessions prior to starting lectures. Designed to help develop academic skills and improve confidence and ability to study at Masters Level, the sessions are an invaluable tool for both those returning to academia, and those who have entered via the professional experience route.

An exact timetable for the sessions is yet to be confirmed. However the sessions are likely to take place during the hours of 9am-5pm in the week beginning Monday 23<sup>rd</sup> September, probably over 3 days. We will confirm the precise timetable for these sessions as soon as possible.

The sessions are normally compulsory for:

- All international students
- Students who do not have a degree, or who have not previously studied at university
- Students whose previous degree qualification is over 5 years old

For all other students, the sessions are optional – but we strongly recommend that you attend.

The sessions work towards submission of a practice assignment in early October. All students are required to complete the practice assignment

## 6. Programme Structure

Module and aim	Credits	Full-time	Part-time
<p><b>APH7012 Public Health Principles</b></p> <p>Understand the core concepts and principles of public health and sustainable development, interpret indicators of population health and well-being, and assess the impact of action to address inequities in health</p>	20	Year 1	Year 1
<p><b>APH7013 Advocacy &amp; Partnership for Well-being</b></p> <p>Build and sustain partnerships, working in political, democratic and organisational systems to advocate for action to improve health, promote sustainable development and reduce inequities</p>	20	Year 1	Year 1
<p><b>APH7008 Health Protection</b></p> <p>Protect the public from environmental hazards and communicable disease, addressing inequities in risk exposure and outcomes</p>	20	Year 1	Year 1
<p><b>SHS7000 Applied Research Methods and Design</b></p> <p>Develop your research skills, apply principles of evidence-based practice and design robust research projects</p>	20	Year 1	Year 2
<p><b>APH7014 Health Equity Interventions</b></p> <p>Apply relevant intervention frameworks and models of change to design, plan and implement interventions to improve health, promote sustainable development and reduce inequities</p>	40	Year 1	Year 2
<p><b>OHS7016 Research Project</b></p> <p>Design, plan, undertake and present research relevant to public health and professional practice.</p>	60	Year 2 (begin Feb of Year 1)	Year 3 (begin Feb of Year 2)

## 7. Typical Timetable

The programme is delivered in a combination of evening lectures (Tuesday and Thursday evenings 4-7pm), e-learning and block teaching (afternoon/evening sessions). Outline details of the teaching arrangements for the modules in the programme are provided below.

### **APH7012 Public Health Principles**

Taught 4-7pm on Tuesdays, October-November

### **APH7013 Advocacy & Partnership for Well-being**

Taught 4-7pm on Tuesdays, November-February

### **APH7008 Health Protection**

Taught in four single-day blocks (Thursdays 1pm-7pm), plus supplementary e-learning. Precise dates of teaching days to be confirmed ASAP, likely to be one day in November/December, January, February and March.

Scenario-based assessment day 9-4pm on Thursday 30<sup>th</sup> April 2020.

### **SHS7000 Applied Research Methods and Design**

Core content for this module is delivered through interactive e-learning materials on Moodle.

Pathway-specific workshops are used to support the e-learning. These will take place during the Autumn term on Thursdays, 2-4pm, on the following dates:

3<sup>rd</sup> October

17<sup>th</sup> October

31<sup>st</sup> October

14<sup>th</sup> November

28<sup>th</sup> November

12<sup>th</sup> December

### **APH7014 Health Equity Interventions**

Taught 4-7pm on Thursdays throughout the academic year (October-March), except for the 4 Health Protection teaching days (see above)

This is an indicative schedule and may be subject to minor changes, though the main delivery days (Tuesday and Thursday) will not change. A more detailed timetable will be made available before the start of the academic year.

## 8. USEFUL LINKS

- [Academic Handbook](#)
- [Accommodation](#)
- [Additional Costs](#)

Additional costs are any mandatory or optional expenses, in addition to tuition fees, that need to be paid for by students to fully participate and complete their studies.
- [Admissions Policy](#)
- [Bike Shelters](#)

Once you are on campus and have collected your student ID card you will be able to request access to the various bike shelters around our campuses.
- [Campus Maps & Met Rider](#)
- [Cardiff Met News](#)
- [Cardiff Met Sport & Facilities](#)
- [Cardiff Met SU](#) *including Freshers information & wristbands*
- [Student Finance](#)

For information on tuition fees, alumni discount, loans and scholarships, as well as contact information for the Student Finance Advisory Service.
- [Student Handbook](#)
- [Student Services](#)

For help during your time with us in relation to your health, welfare, lifestyle and future career. The aim is to provide you with all the support you need to ensure your studies are as enjoyable and successful as possible. Services also include counselling, disability and chaplaincy.
- [Term Dates](#)
- [Virtual Tours](#)

Have another look around our campus and facilities with our guided virtual tours